



Executive Leadership Coaching for the High Performer

As a leader within your organization, your job has a lot of moving parts. One of the biggest responsibilities you carry is the development of your people, particularly your high performers. High performers have needs that are unique to their personalities and dispositions.

High performers are an organization's dream come true but you can lose them if you don't know how to meet their needs and guide them through their unique stages of development. Women Taking the Lead offers individual and group coaching, workshops and presentations for Employee Resource Groups.



The Challenges

High performers will hit a plateau when the following stress tendencies will get in their way:

- Perfectionism
- Need to be in control
- Distrust
- Micromanaging
- Inability to say “no” or set boundaries
- Working long hours without a break
- Being brisk with fellow team members
- Inattention to their own needs and care

The Solution

This coaching system helps high performers avoid the pitfalls they encounter in their drive to deliver.

- Personalized self-care plan
- Identify stress triggers and reactions
- New perspectives on contribution
- Awareness of strengths and "superpowers"
- Core values and decision-making
- Personal mission statement
- High functioning relationships
- A system for creating worthy goals

It would be an honor to support you in achieving your goals and the goals of your organization.

Email jodi@womentakingthelead.com or call 207-937-2075